



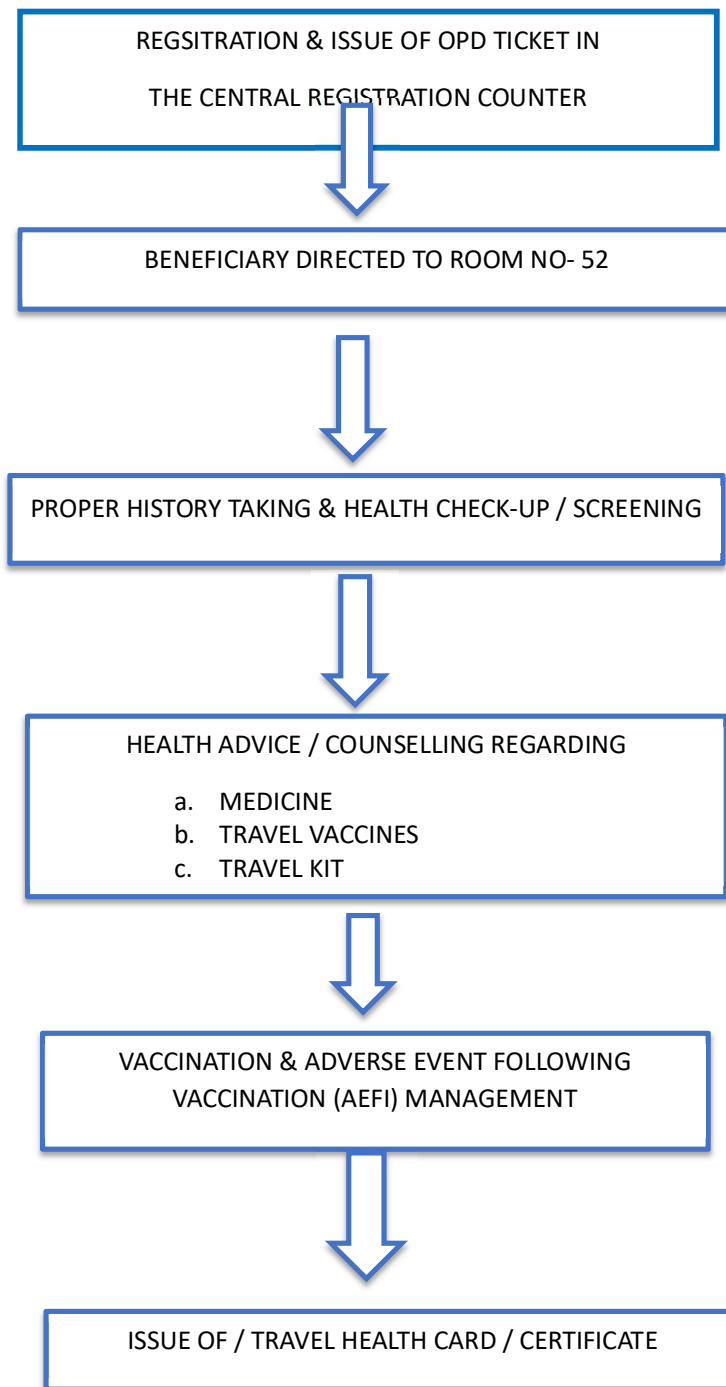
TRAVEL HEALTH CLINIC
DEPT. OF COMMUNITY MEDICINE & FAMILY MEDICINE
ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BHUBANESWAR

- Venue: **Room no. 52, Block-C**, OPD Complex.
- Services are provided on **Every Monday & Thursday** (working days) except public holidays.
- Registration timing: Morning - **07.30 AM to 01.00 PM**
Afternoon – **02.00 PM to 03.00 PM**
- Services will be provided from **02.00 PM to 04.00 PM**.
- Contact no. **0674-2476789.**, E mail: **vaccines@aiimsbhubaneswar.edu.in**
- Passengers are required to bring the vaccines prescribed to them by their treating doctor as per their travel requirement and the original travel document/ Passport/ ID for proof verification.
- Following Faculty members are available in the Travel Health Clinic
 - Dr. Swayam Pragyan Parida (Additional Professor), Faculty In Charge
 - Dr. Arvind Kumar Singh (Additional Professor)
 - Dr. Abhisek Mishra (Assistant Professor)

Travel Health Clinic in AIIMS, Bhubaneswar has started w.e.f **13th November 2023.**

This is the only centre for the State of Odisha.

The flow of events at the Travel Clinic, AIIMS Bhubaneswar



What is Travel Health consultation?

Acquiring health consultation prior to traveling, during travel or post traveling in order to address travel related health problems.

Objective of a Pre-travel (prior to travelling) consultation is to prepare a traveller for the health concerns that might arise during their trips.

Who needs Travel Health consultation?

Ideally all travellers need travel health consultation whether travelling locally, within country or internationally. However, the following individuals must get travel health consultation:

- Those who travel internationally and who travel within the nation with significant socio-geographical change (ideally 4 to 8 weeks prior to travel)
- Travellers with co-morbidities and certain health conditions (first they must get health check-up from his/her treating physician)
- Certain physiological condition like pregnancy, lactation and new-borns.

Services provided in the travel clinic

1. Consultation in the travel clinic will include
 - i. Assessment of health risk
 - a. History taking regarding travel and destination
 - b. Disease history and medication history
 - ii. General health checkup
 - iii. Treatment advice
 - iv. Referral to other collaborating depts if required
2. Lab investigations if required

3. Counselling related to

- a. Behavior Change Communication (BCC) for risk reduction during travel
- b. Use of travel medical kit
- c. Vaccination

4. Vaccination & advice regarding AEFI.

Every beneficiary will receive a prescription & vaccine card.

Information regarding Travel vaccines

| Routine vaccination | |
|---|--|
| <ul style="list-style-type: none">• Pertussis• Rubella• Pneumococcal disease• Poliomyelitis (polio)• Rotavirus• Tuberculosis• Tetanus | <ul style="list-style-type: none">• Diphtheria• Hepatitis B• Haemophilus influenza type b• Seasonal influenza• Measles• Mumps• Varicella |
| Selective use for travelers | |
| <ul style="list-style-type: none">• Hepatitis A• Typhoid Fever• Rabies | <ul style="list-style-type: none">• Cholera• Japanese encephalitis• Tick-borne encephalitis |
| Country-specific mandatory vaccines for travelers | |
| <ul style="list-style-type: none">• Yellow fever• Meningococcal conjugate• Oral poliovirus vaccines (OPV) | |

Travel Medical kit

| <u>First aid</u> | <u>Additional</u> |
|--|---|
| <ul style="list-style-type: none"> • Adhesive tape • Antiseptic wound cleanser or alkaline soap (Rectified spirit) • Bandage / Bandaid • Emollient (lubricant) eye drops • Insect bite treatment-antihistamine tablets • Nasal decongestant • Oral rehydration salts packets • Simple analgesic (e.g. paracetamol) • Sterile dressing • Cotton | <ul style="list-style-type: none"> • Antibiotics targeting the most frequent infections in travellers (e.g. infections of skin and soft-tissue, respiratory tract and urinary tract) • Antibacterial ointment (Betadine) • Antifungal powder • Antimalarial medication, if prescribed for chemo prophylaxis • Adequate supplies of condoms and oral contraceptives • Water disinfectant such as Halazone tabs |

General instructions to all travellers

- All travelers should carry a medical kit along with their vaccination card for all destinations.
- Allergic reactions to any substance should be informed before vaccination.
- The beneficiary is advised to sit for 30 minutes after vaccination to monitor if any Adverse Event Following Vaccination (AEFI) arises.
- Please bring the travel vaccination card for further consultation.
- People suffering from underlying chronic illnesses should seek medical advice before planning a journey.